

Are you ready to...

## Take Control of Your Diabetes?

Do You...

**Have Diabetes?** 

**Have Medicare?** 

Want to Control Your Diabetes?

✓ Yes 
☐ No

**y** Yes □ No

Yes

No

Learn how at a

FREE, FUN, HANDS-ON 6-WEEK Workshop

If you are interested, contact Alicia Mitchell 252-358-7856







